

131 Sunset Court, West Columbia, SC 29169 **Ph:** (803) 796-2222 • **Fx:** (803) 796-7839



## **Blood Pressure Log**

My blood pressure goal is:\_\_\_\_\_

Date	Time	Systolic (Top Number)	Dystolic (Bottom Number)	Comments
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
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	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			
	□ a.m. □ p.m.			